

blu

breakfast

STARTERS

-   FRESH FRUIT [FOR TWO]
Seasonal tropical fruit platter
-    SALMON & CREAM CHEESE CIABATTA
Tasmanian smoked salmon, cream cheese
red onion marmalade, caper berries & toasted ciabatta
-    HEALTHY ORGANIC GREENS 
Cherry tomatoes, cucumber & balsamic dressing
-   AFFETTATI
Parma ham, beef bresaola, pork salami, taleggio cheese
toasted focaccia & mustard fruits
-   ORGANIC HONEY & ROASTED NUTS GRANOLA
Seasonal berries with milk or yoghurt
-   LANDAA BIRCHERMUESLI
Green apple
-   HOT OATMEAL
Caramelized banana,
cinnamon, raisins & brown sugar
-    CEREAL
Cornflakes, all bran, special k,
rice krispies, coco pops
with milk or yoghurt





ON THE SIDE

-   GREEK LOW FAT YOGHURT
With seasonal berries
-  FRESH MANGO YOGHURT
Greek yoghurt, mango puree
-  PASSION FRUIT SMOOTHIE
Passion fruit, yoghurt, honey
- INCREDIBLE HULK JUICE
Green apple, spinach, parsley and dill

CAGE FREE EGGS AND MORE

- served with side of white, brown & multigrain toast
-    LANDAA EGGS BENEDICT 
Poached eggs on toasted multigrain bread
salmon, asparagus, lime-basil hollandaise, olive dust
-    EGG WHITE OMELETTE
Kale, mushrooms, tomatoes, asparagus
-   FRITATTA ALL' ITALIANA
Zucchini, onion, basil, parmesan
-   SPANISH OMELETTE
Peppers, onion, chorizo, potatoes, tomatoes,
manchego cheese
-   FLORENTINE OMELETTE
Spinach, mushrooms, pecorino cheese
-   TWO EGGS COOKED TO YOUR DESIRE
with your choice of side of
Farmer's turkey ham, crispy pork bacon,
home made chicken or beef sausage
-   POACHED EGG ON AVOCADO TOAST
Sourdough bread, avocado & Landaa greens
-   POACHED EGG IN TOMATO & BEAN CASSOULET 
Tomato, basil, zucchini

BLU SIGNATURE FAVOURITES

-  FERRERO WAFFLES
Creme fraiche, ferrero hazelnut spread, fresh mint
-   RASPBERRY FRENCH TOAST
Brioche bread, raspberry sorbet
-    MALDIVIAN BREAKFAST 
Local style mild tuna curry, home made chapati flat bread
tuna mashuni salad, gula tuna croquettes

Vatta



Pitta



Kapha



Landaa Garden Herbs

