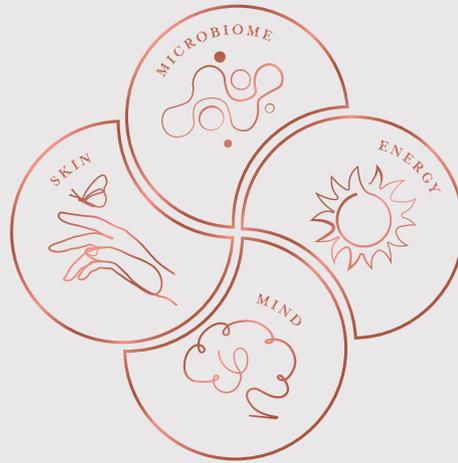




OCEAN SALA

Beverage Menu



The Four Pillars

Whilst each recipe has been curated to nourish all of the four pillars, highlighted icons indicate those that contain elements to enhance specific pillars.

MIND

The Mind is responsible for thinking, feeling, and making choices, as well as directing our emotional, psychological, and social wellbeing.

Our mind is the gravitational field that determines how we express ourselves, handle stress and relate to others.

MICROBIOME

Referred to as the second brain, the gut's Microbiome plays a key role in human health by breaking down and absorbing nutrients and strengthening the immune system.

When the gut is healthy, the other pillars thrive.

SKIN

Skin is the largest body organ with its own microbiome. By focusing on the skin health, we nurture the body, restore natural beauty and reverse ageing, impacting many areas of life, including self-confidence.

ENERGY

Energy is a journey of the body, expanding through conscious movement. This pillar reflects how we sustain and renew physical energy to have the capacity to keep thriving. Regular intervals of self-care, restoration, and recovery help to re-energise ourselves, even during high-paced periods.

WATER

JOALI BEING offers a selection of purified and infused water. Infused water is believed to offer several health benefits. It can help slow down the ageing process, maintain the pH levels of the body, and prevent various chronic

STILL

Acqua Panna

14

Voss

16

SPARKLING

San Pellegrino

14

Perrier

14

INFUSED

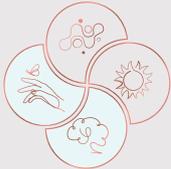
10

Pineapple | Lemon | Orange

Lemon Lime | Lemongrass | Grapefruit

PREBIOTIC & PROBIOTIC

Microbiome is the community of micro organisms living in our gut, that supports digestion. Our Kreol and Kombucha is the vital source that supports our gut health.

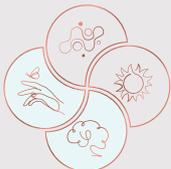


KREOL

14

Mango & Lime | Pineapple & Ginger | Raspberry & Lime

15 Kcal | 2.3g Carbs | 0g Protein | 0 Fat



KOMBUCHA

14

Raspberry Lemonade | Mango Passion | Wild Berry | Passion Fruit

09 - 13 Kcal | 5.3g - 5.6g Carbs | 0g Protein | 0g Fat

FRESHLY SQUEEZED

22

We offer a wide array of freshly squeezed juice from mindfully sourced fruits, vegetables and herbs. Juices are a rich source of essential nutrients and energy.

FRUITS

Apple
Pineapple
Mango
Watermelon
Orange

VEGETABLE

Cucumber
Carrot
Beetroot
Tomato

HOT BEVERAGES

Espresso	9
Macchiato	11
Americano	12
Mocha	12
Cappuccino	12

COLD BREW COFFEES

Chilled Coffee	12
Cappuccino	12
Latte	14
Coconut Vanilla Latte	14

Our non-alcoholic spirits are crafted from the very best ingredients in nature. The master distiller works with carefully selected herbs, spices, peels, and barks. Pure and free of additives, the blends are the playful expressions of our mixologist's creativity.

BOOCHE BIOME

Seedlip Grove 42 | Lemon | Wild Berry Kombucha | Lemongrass
Supports healthy digestion and anti-bacterial aids.

ENERGISER COOLER

Seedlip Garden 108 | Watermelon | Wild Berry Kombucha | Rosemary
Anti-oxidant rich, hydrating and supports heart health.

SIPPING BEE GENTLY

Seedlip Garden 108 | Lemon | Ginger | Honey | Spicy Floral Tea
Supports digestion and heart health.

GOLDEN BERRY

Seedlip Garden 108 | Mixed Berry Kombucha | Lime | Hibiscus Tea
Nourishes microbiome, supports heart and liver health.

INFINI-TEA DREAM

Seedlip Garden 108 | Cinnamon | Lemongrass | Lime | Chamomile
Calming properties, nourishes microbiome, and supports healthy digestion.

SPIRITED SYMPHONY

24

Our crafted signature drinks are prepared with organic and biodynamic spirits with lower alcohol, sugar and calory content. In order to preserve health and longevity, a moderate approach to alcohol is recommended.

JITO - MOJO

Gold Rum | Lime | Palm Sugar | Verbena Mint | Soda

Sipping my mojito in MOJO style, watching sunsets rather than Netflix.

OH, MY DHANDHIFULHU

Vodka | Coconut | Pineapple | Lemon | Vanilla

Fly high and meet me where the sky touches the sea.

AVIATION G&T

Gin | Grapefruit | Basil | Citrus Oil & Tea | Mediterranean Tonic

Every passing minute is another chance to turn it all around.

LA AMOR DE MALDIVAS

Tequila Reposado | Tamarind | Kaffir Lime | Palm Sugar | Maldivian Chilli

Spicy margarita in my hand, toes in the sand. Salud!

SPIRITED SYMPHONY

24

OUTSTANDING GINTELLIGENCE

Gin | Chamomile | Lime | Elderflower Tonic | Palm Sugar

Sipping this powerful beverage, you become “gintelligent”.

More medicine than cocktail, chamomile calms and relaxes the muscles, while elderflower cleanses and stimulates the body.

JOALI BEING CONNECTION

Cognac | Grand Marnier | Honey-Ginger | Champagne | Sage

We always say let’s make something different! Inspired by the legendary French Connection cocktail, made with only two ingredients: brandy and liqueur.

BEER

HEINEKEN

12

CORONA

15

Classic cocktail is defined as a cocktail that was officially introduced to the world after 1887 when Jerry Thomas's Bar – Tender's guide was published.

MARGARITA

Tequila | Cointreau | Lime Juice

MARTINI

Gin | Vermouth | Olives

NEGRONI

Gin | Campari | Sweet Vermouth

APEROL SPRITZ

Aperol | Prosecco | Soda

MANHATTAN

Whiskey | Sweet Vermouth | Angostura Bitter

MINT JULEP

Whiskey | Mint Leaves | Simple Syrup

DAIQUIRI

White Rum | Simple Syrup | Lime Juice

THE CLASSICS

25

PIÑA COLADA

White Rum | Pineapple Juice | Coconut Cream

MOJITO

White Rum | Mint Leaves | Lime

BLOODY MARY

Vodka | Tomato Juice | Tabasco | Worcestershire Sauce

WHITE RUSSIAN

Vodka | Coffee Liqueur | Cream

COSMOPOLITAN

Vodka | Cointreau | Lime Juice | Cranberry Juice

APÉRITIFS

30 ML

APEROL	16
MARTINI DRY	16
MARTINI BIANCO	16
MARTINI ROSSO	16

GIN

30 ML

MONSIEUR GIN	14
BOMBAY SAPPHIRE	13
MONKEY 47	26
HENDRICK'S	16

TEQUILA

30 ML

CLASE AZUL REPOSADO	38
DON JULIO REPOSADO	18
PATRÓN SILVER	15
JOSE CUERVO REPOSADO	13

VODKA

30 ML

MADAME VODKA	14
ABSOLUT	14
GREY GOOSE	22
BELUGA NOBLE	20
BELVEDERE	20

RUM

30 ML

MAX & O WHITE RUM	12
CAPTAIN MORGAN DARK	12
RON ZACAPA 23 YEARS	21
BACARDI WHITE	13
BACARDI GOLD	13
CACHACA 51	13

COGNAC / ARMAGNAC

30 ML

LOUIS XIII	846
RICHARD HENNESSY	835
HENNESSY VSOP	18
HENNESSY VS	16

LIQUEUR

30 ML

BAILEY'S IRISH CREAM	10
COINTREAU	13
LEMONCELLO	13
MALIBU COCONUT LIQUEUR	13

PORT, SHERRY & GRAPPA

30 ML

COCKBURN'S FINE RUBY PORT	15
LUSTAU SOLERA RESERVA FINO	25
GAJA GRAPPA DI BAROLO	20

TEA SELECTION

SHANGRI LA 14

WHITE TEA

This splendid tea is cultivated at altitudes of 1,200-2,100 m and is produced by hand. As opposed to other “light” white teas, it will surprise you with some body and exceptional flavour nuances in the infusion.

CHINA SENCHA DECAF 12

GREEN TEA

This decaffeinated China Sencha will satisfy the desires of any green tea lover. The well-structured leaf yields a lemon-yellow cup, with a fruity, slightly tangy character and a mild, round bouquet.

GREEN MASALA CHAI 12

GREEN TEA BLEND

A truly delicate and elegant Chai variety. Owing to its green tea base, this blend is fresher and less intense than black Chai. The spicy aroma of cloves and the freshness of crisped mint are the most important elements in the composition.

FORMOSA SUPERIOR ORIENTAL BEAUTY 16

OO LONG TEA

This tea is characterised by an intense flowery bouquet, a highly aromatic sweetness, and a very soft cup. A treasure for connoisseurs, its noble taste lingers on the palate for a long time.

TEA SELECTION

ASSAM TONGANAGAON FTGFOP1

12

BLACK TEA

The Tonganagaon Estate is located at the edge of the Namdapha Natural Reserve, known worldwide for its biodiversity. The delicate leaf structure features golden tips, and the infusion impresses with its smooth, expressive bouquet and spicily scented aroma with malty touches.

SEVEN TREASURES

12

BLACK AND GREEN TEA BLEND

Ever since the Middle Ages, the number seven has been the numeric symbol of perfection and completeness. This select blend, composed of seven of the finest black and green teas, is enriched by royal ingredients and their vivid hues.

